

April 26 - May 2 Appointment Schedule

Drop-in by appointment only. Call (410)313-2764 x2 to schedule. Review COVID rules and expectations on back.

| Monday-Friday | Saturday | Sunday | | Limitations to Reservations: |
|-----------------------------|-----------------|-----------------|-----------|--------------------------------------|
| Lap/Beach/Deep | | | Pool | |
| 6-7am | 7-8am | 8:45-9:45am | Monday | 2 lanes at 4pm, 5:30pm & 7pm |
| 7:15-8:15am | 8:30-9:30am | 10-11am | Tuesday | 2 lanes at 9:45am & 7pm |
| 8:30-9:30am | 10-11am | 11:30am-12:30pm | | No Beach at 9:45am, 4pm, 5:30pm &7pm |
| 9:45-10:45am | 11:30am-12:30pm | 5-6pm | | No Deep at 4pm, 5:30pm, 7pm & 8:30pm |
| 11 am-12pm | 5-6pm | 6:15-7:15pm | Wednesday | No Beach at 5:30pm & 7pm |
| 2:30-3:30pm | 6:15-7:15pm | 7:30-8:30pm | | No Deep at 4pm, 5:30pm, 7pm & 8:30pm |
| 4-5pm | 7:30-8:30pm | | Thursday | 2 lanes at 9:45am & 7pm |
| 5:30-6:30pm | 8:45-9:45pm | | | No Beach at 9:45am, 4pm, 5:30pm &7pm |
| 7-8pm | | | | No Deep at 4pm, 5:30pm, 7pm & 8:30pm |
| 8:30-9:30pm | | | Friday | No Beach at 5:30pm & 7pm |
| Open Swim | | | | No Deep at 4pm, 5:30pm, 7pm & 8:30pm |
| 12:30-2pm | 1-2:30pm | 1-2:30pm | Saturday | 2 lanes at 10am & 11:30am |
| | 3-4:30pm | 3-4:30pm | | |
| | | Sunday | | |
| Fitness Room/ Walking Track | | | | Fitness Room/ Walking Track |
| 6-7:30am | 7-8:30am | 7-8:30am | Monday | |
| 8-9:30am | 9-10:30am | 9-10:30am | Tuesday | |
| 10-11:30am | 11am-12:30pm | 11am-12:30pm | Wednesday | |
| 12-1:30pm | 1-2:30pm | 1-2:30pm | Thursday | |
| 2-3:30pm | 3-4:30pm | 3-4:30pm | Friday | |
| 4-5:30pm | 5:30-7pm | 5-6:30pm | Saturday | |
| 6-7:30pm | 7:30-9pm | 7-8:30pm | Sunday | |
| 8-9:30pm | | | | |

Need to cancel your appointment?

Email rccc@howardcountymd.gov
Include your name and appointment date/time.



Patron Expectations

Guests that do not meet the expectations will be asked to leave and may forfeit their ability to reserve future appointments until the center is permitted to operate at 100% capacity.

- Please stay home if you have a fever (100.4 or above) or are experiencing symptoms of illness.
- Arrive dressed and ready. Changing areas and storage lockers are closed.
 The facility is not responsible for personal belongings.
- Bring water and water bottle. Water fountains are turned off. But bottle fillers are turned on.
- Do not enter the building until 5 minutes prior to your appointment.
- Please do not congregate by the facility.
- 5 minutes before your appointment, please make sure you have a facial covering over your nose and mouth and form a socially distanced line.
- Upon entering the building, you must complete a health screening.
- You may only utilize the area you have an appointment scheduled in.
- Once you have completed your activity, please exit the facility and do not congregate.
- Adhere to all physical distancing guidelines and posted signage.
- Practice good personal hygiene (wash hands, cover sneeze/coughs).

Fitness Room/Walking Track

- Appointments will be 90-minute blocks.
- Patrons are limited to 1 appointment per day and 4 appointments per week.
- Clean fitness equipment before and after use.
- Use one piece of equipment at a time.

Pool

- Lap/Beach/Deep Swim appointments will be 60-minute blocks.
- Open Swim appointments will be 90-minute blocks.
- Patrons are limited to 1 appointment per day and 3 appointments per week.
- It is not recommended to wear your mask while in the water.
- Shower before entering the pool.
- Recommended to bring:
 - ⇒ a towel, sharing towels is not recommended
 - ⇒ personal flotation devices (lifeguard approved)
 - ⇒ kick boards, swim caps, nose plugs, and goggles